




TIMETABLE

April 2025

All equipment is provided | BYO water bottle
Wear comfortable clothes
Please arrive 5-10 minutes before class starts

 146 High St, Wodonga VIC 3690

MONDAY

4:00 – 5:00 pm

Kids Yoga
(3 – 6 yrs)

with Bel

5:30 – 7:00 pm

Dru Yoga

with Zoe

TUESDAY

10:00 – 11:30 am

Yoga

with Cindy

4:30 – 5:30 pm

Tai Chi / Qi Gong

with Carol

5:45 – 7:15 pm

Yoga

with Cindy

WEDNESDAY

4:15 – 5:15 pm

Kids Yoga
(6 – 10 yrs)

with Bel

6:00 – 7:30 pm

Yoga

with Cindy

THURSDAY

8:30 – 10:00 am

Yoga

with Cindy

5:30 – 7:00 pm

Dru Yoga

with Zoe

FRIDAY

SATURDAY

SUNDAY



Please contact the class teacher for more information, prices and bookings:

Cindy	0407 789 529	Zoe	0418 294 763
Carol	0415 456 088	Bel	0413 591 122